

Motivational Speech Presentation

I am a member of Toastmasters International, an organization that is dedicated to excellence and helping people to be the best that they can be.

Everybody wants to be happy in life. We all want to live a perfect life. We want that great job or a successful business. We want to be married to Mr. Right or Mrs Perfect. We want to have great kids. We want to have friends that stick by us come rain or shine. We want to be able to have all the material things life has to offer and have all our problems just disappear.

Everybody wishes for good life. It may be at different levels. One person may define a good life one way and another may describe it another way. For one person a good life may be just having three meals a day and a roof over their head. For another it may be having a huge mansion and a couple of million dollars in the bank.

There are different levels and meanings to what a good life is. But whatever your definition of it, there is perhaps one thing that you may have in common with many other people. You might want that good life stress free. You would like to have it without having to work so hard or struggle so much for it. That is a normal human expectation. Nobody likes to struggle through life.

Unfortunately, that is also what may be stopping you from having that great life. The thought of all that work, all that planning, overcoming hurdles and resistance is enough to make a lot of people give up before they even start. It can all seem too overwhelming, and for many it all just doesn't seem be worth it. It's like being drained of energy just at the thought of running a marathon. Before you are even at the starting line the thought of all that running just scares you and tires you so much mentally you just decide not to go for it. It's just too hard.

One of my favourite books is titled "The Road Less Travelled" by M. Scott Peck. The first sentence in the book is:

"Life is difficult."