

Motivation Speech

Lately, times have been tough. We have seen resources go down and workloads go up, we have seen uncertainty rise.

We have all sacrificed. We have given up time with our families, our work has cut into our personal lives, we have lost our sense of balance. I know some of us come to work everyday filled with fear, resignation and doubt.

Yet, in the midst of uncertainty, we have survived. These challenging times have tested our character, but we have not backed down. It has tested our perseverance, but we are still here. It has tested our team, and we are still strong.

Know that you have been through the worst, and it always gets better. (unless it isn't)

You have struggled, you have stressed, you have worried, and it always gets better.

You have stayed up late at night, worrying about a future that seems unclear, and it always gets better.

The best we can do in challenging times is appreciate each other and celebrate what we have accomplished. Know that despite our challenges, we are still making a difference.

Do not struggle in silence, share your story. Not as a victim, but as a survivor.

Today, we should be Proud. Proud of ourselves, Proud of accomplishments, Proud of our Team.